



Fat Burning Fitness Highlights

One of the topics discussed in Maximized living is “Stages of Disease.” I can actually see the hair rising up on some necks as we dive into this scary subject:

- 1st Stage of Disease-** Abnormal cells developing unidentifiably (can’t see it, feel it or diagnose it with even the greatest of technology available today- ex: cancer)
- 2nd Stage of Disease-** Definite Symptoms of Illness (diagnosable damage already present)
- 3rd Stage of Disease-** Structural Changes/ Pathology (damage permanent, condition terminal)

Whereas wellness and prevention (healthy nerve system & lifestyle) **prevents the 1st stage from developing**, Medical Doctors must wait for disease to develop to then diagnose it and treat it. Why must they wait? Simple, they don’t know the *CAUSE*.

Q: Are you receiving regular spinal checkups correcting the CAUSE of cancer, heart disease, diabetes or multiple sclerosis *before it develops?*..... **Or**, are you waiting for sickness and disease to develop, be diagnosed, and having your insurance company pay to drug it, radiate it, or surgically remove it?.....That is, if they don’t deny your claims for payment. Remember, insurance companies are in business to **KEEP YOUR MONEY- not to keep you healthy.**

If you would like my help making it to 100 years of age drug free, vibrant, energetic, with maximum quality of life- there’s only ONE PATH..... **MAXIMIZED LIVING!** How much is it worth to prevent disease than to treat it? More than your total lifetime insurance premiums combined- I guarantee it. Because when it’s life or death- you can’t put a price on a person’s life.

Maximized Living begins with taking FULL RESPONSIBILITY for investing your time, focus, and financial resources in creating a healthy future for you and your family. If you would like to stay out of medical doctors offices, off of medication, and out of the hospitals- it doesn’t happen just by chance. **YOU MAKE IT HAPPEN!**

- 1) Get your spine and nerve system fixed
- 2) MAINTAIN lifetime family wellness care
- 3) Access the life transforming information at our monthly Power Workshop Events
- 4) Help others- lead by example.

The programs in this office are adding YEARS TO YOUR LIFE and *life to your years.*

Who else do you know that needs our help, right now? Most of you reading this are thinking.....”EVERYONE!” That’s why this Thursday August 21st we are holding our Community Outreach Day. Help us help them. Spaces are limited- Register NOW at the front desk.